

**Y5&6 Camp
2026
Croft Farm
20th-22nd May**



A Typical JCA day

Here is a sample of how an average JCA day runs. Please note that timings are approximate and may vary depending on weather and numbers

- | | |
|----------|--|
| 8.00 am | Breakfast |
| 9.00 am | Get ready for your day! (Remember your water bottles!) |
| 9.20 am | Your instructor will meet you at your accommodation or your first activity point, are you ready? |
| 9.30 am | Your first water-sports activity or one of your land based activity begins if no w/s taken. |
| 12.30 pm | Lunch – You will need to go to your designated area. |

- 1.20 pm Your instructor will meet you at your accommodation or activity point. Time for more fun!
- 1.30 pm Your first land based activity begins.
- 3.00 pm Your second land based activity begins.
- 4.30 pm Free-time* –Leaders, you may have something fun planned, or, you and the students can catch up with your friends in other activity groups.
- 5.20 pm Arrive ready for your evening meal.
- 5.30 pm **Evening meal.**
- 6.30 pm Free-time* – Time to recharge before the evenings fun! Why not set up a blog or ask the students to send us a letter about their trip, they could win a £20 iTunes voucher!
- 7.30 pm Evening entertainment begins.
- 9.00 pm Return to rooms for quiet time.

Sample menu...

- Breakfast and evening meals eaten in restaurant
- Dietary needs all catered for
- Packed lunches ordered by child on arrival for the stay, eaten on field/marquee

Tuesday
<u>Breakfast</u> Rice Krispies Cheerio's Toast, Butter & Jam Sausage Bacon Hash Browns Baked Beans Scrambled Eggs Fresh fruit Fruit Juice
<u>Packed Lunch</u> Tortilla Wrap filled with either Sliced Ham Grated Cheese Chicken Mayo Egg Mayo
<i>Adults extra choice</i> Baguette with above fillings served with salad
Packet of Crisps Chocolate treat Piece of fresh fruit Squash / Water
<u>Evening Meal</u> Homemade Lasagne Chicken burger in a bun Vegetarian Lasagne Plain roasted Chicken breast Fresh Mixed Salad Jacket Potatoes Sweetcorn ~ Angel Delight mousse
<i>Adults extra choice</i> Lemon Meringue pie
Squash / Water

Accommodation...

- Rooms of 3 – 4
- Bunkbeds
- CCTV and night warden
- Toilets/showers located at end of blocks
- Teacher rooms at regular intervals



Kit List...

<u>Item</u>	<u>Suggested number</u>	<u>Packed?</u>
*Sleeping bag	1	
Pillow and pillowcase (please note, pillows are not provided by centre)	1	
*Swimming costume	1	
*Towel	2	
*Pyjamas	1 set	
Teddy	1	
Book	1	
Torch	1	
*Underwear	3-4	
*Socks	4-5	
*Trousers - not jeans	2-3	
*Long sleeved top for archery	1	
*T-shirts - not vest tops	3-4	
*Jumpers	2	
*Waterproofs and warm coat	1 set	

Wellies	1 pair	
*Shoes for water sports that can get wet/can also get muddy	1 pair	
*Trainers	1 pair	
*Clothes that can get muddy (trousers and top)	1 set	
Disco clothes - no high heels!	1 set	
*Toiletries		
- toothbrush	1	
- tooth paste	1	
- face cloth	1	
- shower gel	1	
- shampoo/conditioner	1	
- hair bobbles for long hair	several	
- sun cream	1 bottle	
Sunglasses	1	
Disposable camera (optional)	1	
*Water bottle	1-2	
Warm hat	1	
Gloves	1	
*Sun hat	1	

Possible Activities...

Day:

- Abseiling
- Archery
- Buggy Building
- Canoeing
- Circus Skills
- Climbing
- Dance Mania
- Fencing
- Initiative Exercises
- Katanuung
- Kayaking
- League Toppers (problem solving)
- Mini Olympics
- Orienteering
- Rocket Launch
- Sailing
- Sensory Trail
- Stand up paddle boarding
- Team Challenge
- Windsurfing

Evening:

- Busted (quiz)
- Campfire
- Disco
- Egg Protector
- Giant Cluedo
- Run Around Quiz







Medication...

- All medication will be looked after by Mrs Woodcock & Mrs Fessey
- Forms must be filled in for any medication brought
- All medication will be administered by Mrs Woodcock & Mrs Fessey
- We will bring Calpol/Nurofen in case needed – form to be filled in prior to trip

Electronic Devices...

- Please don't bring any
- Can bring a disposable camera
- Teachers will take LOTS of photos and will share these with you

**Any
questions?**